



ST BERNADETTE'S GYMNASTICS CLUB

stbernadettesgymnastics@gmail.com



HEALTH AND SAFETY POLICY STATEMENT

In compliance with the Health and Safety at Work Act 2015, St. Bernadette's Gymnastics Club is committed to providing and maintaining a safe environment for our gymnasts, coaches, parents and visitors entering the gym. We want to ensure the gym has a positive and healthy culture, and this policy is designed with that in mind. In keeping with this, safety will be encouraged through:

***TEAMWORK, ACCOUNTABILITY, RESPECT FOR THE INDIVIDUAL,
CONTINUAL IMPROVEMENT AND TOTAL COMMITMENT***

Health and safety are everyone's responsibility, and everyone is expected to share in our commitment to avoid all accidents and incidents which may cause personal injury or property damage of any kind. It is expected that all those using the gym are to act safely at all times, to ensure their own welfare and that of their fellow gymnasts, coaches and others.

St. Bernadette's Gymnastics Club will ensure the safety of persons in the gym by:

- Providing and maintaining a safe environment, safe equipment and proper materials
- Providing facilities for health and safety
- Ensure Coaches and other persons understand and accept their responsibilities to promote a safe and healthy environment with a strong Health and Safety culture
- To create interest and enthusiasm in safety, and promote personal responsibility for safety
- Ensuring all persons in the gym and other people at (or in the vicinity) of the gym are not exposed to unmanaged or uncontrolled hazards
- Establish safe practices and ensure they are followed at all times, complying with all relevant legislation, codes of practice and standards by implementing policies and procedures for coaches and gymnasts

To achieve this, we will:

1. Systematically identify and minimise all hazards in our gym. Where there are significant hazards we will take all practicable steps to eliminate, isolate and/or minimise these hazards to prevent any injury or damage.
2. Inform all gym users of these hazards and the hazard controls.
3. Ensure all gym users are properly trained and supervised.
4. Ensure that all incidents and accidents are recorded and reported in a meaningful and timely way, to improve Health and Safety outcomes and to help ensure continuous improvement and safe work practices.
5. Make Health and Safety an agenda item for the committee to discuss at every meeting.
6. Carry out planned self-inspections to monitor health and safety issues.
7. Develop and implement emergency and evacuation procedures

Signed: _____

Dated: _____

President, St. Bernadette's Gymnastics Club